“BLACK WOMEN’S
#HISTORICALWELLNESS:
Traditions of Connecting
Self-Care to Social Justice”

presented by
Dr. Stephanie Y. Evans,
Georgia State University

Professor of Black Women’s
Studies & Africana Studies

TUESDAY, MARCH 29 | 4 P.M. | Zoom

In this lecture, Dr. Evans will discuss what she calls #HistoricalWellness—Black women’s traditions of simultaneously practicing inner peace and working to resist oppression. Moving beyond the unnecessary dichotomy of individual vs. communal care, Evans unpacks her ideas about “social locations of health,” a feminist-womanist narrative framework that connects self-care, communal care, structural care, and struggles for social justice. Centering memoir as Black women’s intellectual history, Evans reveals how her personal struggle for inner peace has taken place within a long continuum of narrative “truth-telling” by women like Anna Julia Cooper and Rosa Parks. She will discuss her recent book Black Women’s Yoga History: Memoirs of Inner Peace (SUNY 2021) as well as co-edited volumes Black Women’s Mental Health (SUNY 2017) and Black Women and Public Health (SUNY 2022).

Registration required. Scan the QR code with your phone or visit iws.uga.edu to register.